

Word of Grace

"It's God's own truth, nothing could be plainer: God plays no favorites! It makes no difference who you are or where you're from—if you want God and are ready to do as he says, the door is open." Acts 10:34-36 (The Message)

Vol 124

UMW News

April 26 is UMW Sunday. Ribbon corsages to benefit Jamaica available soon.
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Benefit Food Sales

April 12 is the tamale sale following church; April 25 has two benefits - the Chicken Noodle Dinner at 5 pm and La Esperanza UMC celebration at 6:30 at First UMC
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Angel Food, Pots & Pans to Pick Up & Art for Sale

Articles covering these miscellaneous topics
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SPRC Contact Numbers

Members of the SPRC want to hear from you and have made their phone numbers available. Other articles are In the Word, Flint Hills District Prayer Calendar and a Christian Education opportunity for adults.
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Health & Wellness Ministry

Health Fair is set for May 16. Discover the healthy habit of calcium and enjoy a delicious breakfast of baked eggs
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Calendar of Events

A list of events, both our regular schedule and additional activities. Don't miss the Special Worship times listed on the front page.
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Following God's Call

Pastor Mic has received the call to a new opportunity. He has been offered a glorious blessing from the Kansas East Conference to start up a brand new church in North East Kansas. He will remain with us through June.

The Staff Parish Relations Committee has met with Howard Johnson, the Flint Hills District Superintendent, to start the process of looking for a new pastor.

We know that a new community will know the blessings that Mic

and his family have to offer and they will be blessed with his spirit and his talents. Let us be with God in the forefront, knowing His plan is already there for all of us.

May we spend the next three months holding Pastor Mic and his family in our prayers for this change in their lives.

May we stay in prayer for the job the Staff Parish Ministry, the District Superintendent and the Kansas East Conference have as they discern God's will for our church leadership.

May we take this time to reflect in the love and understanding that is God's plan for all of us.

Church Office Hours

The church office is open Monday through Thursday, 8 am to 4 pm. Messages may be left at 620-342-2240 and emporigraceumc@sbcglobal.net

Special Worship

Wednesday Evening Worship- 6:30 pm
Maundy Thursday Service - Apr 9, 7 pm
Stations of the Cross Walk - Apr 10 at 12 noon from Sacred Heart to St. Andrews
Good Friday Service – Apr 10 at 7 pm
Easter Sunday Service- Apr 12 at 10 am and 6:30 pm

UMW News

What's new for Grace United Methodist Women? Corsage for Mission Ribbons!

How many times do we wish we could give a word of encouragement, say thank you, I love you, honor someone, welcome new friends, visitors, or just say "thanks" for being you? It is so easy to give away a corsage ribbon!

Anyone may purchase a ribbon for only \$1 and pin it on their special person with a few words or a hug! We are pleased to announce that the monies collected from this day will benefit the Jamaica project.

April 26 is UMW Sunday. We have invited the Rev. Diana Chapel and her husband from Manhattan to share their recent mission trips and the stories of love found there. The UMW will be presenting our guest pastors with corsages for mission ribbons.

Think about who or how many people you will honor for only \$1 a ribbon. We can give our love away here at Grace and the love will continue across the miles to Jamaica! Please bring your favorite food and join us for a potluck luncheon and fellowship following worship on April 26.

TAMALES- On Sunday April 12, following the worship service La Esperanza UMC will have homemade tamales available in Fellowship Hall for a donation of \$12 per dozen. This will be on a first-come basis. No pre orders at this time.

Chicken Noodle Dinner

Grace United Methodist Church will hold a Chicken Noodle Dinner on April 25 from 5 to 7 pm in the Fellowship Hall of the church. The menu will be Homemade Chicken and Noodles, Mashed Potatoes, Vegetable, Salad and Beverage. If past dinners are our measuring spoon, this will prove to be another opportunity to enjoy great food and wonderful fellowship. Contact Judy Schmidt at 342-1888 for more information.

La Celebración para La Esperanza UMC

La Esperanza United Methodist Church invites you to come and enjoy an evening of celebration and music from countries served by the La Esperanza UMC. Music will be provided by Hector & Sherry Sanchez (La Esperanza missionaries), the La Esperanza guitar class, and others.

Donations of \$7 per ticket will include an evening of music, fellowship, desserts and beverage.

This event is being supported by the Mission Outreach committees of both First United Methodist Church and Grace United Methodist Church with La Esperanza UMC. A silent auction, free will offering and ticket sale proceeds will provide operating expenses for La Esperanza UMC. Dignitaries will include Bishop Scott Jones, Kansas East Conference of the United Methodist Church.

Please contact Kitty in the church office for tickets or more information on the evening -- 342-2240

Angel Food Ministries

April delivery & order dates:

Thursday Apr. 9, 10 am - 2 pm

Friday Apr. 10, 2 - 6 pm

Saturday Apr 11, 10 am - 2 pm

Delivery date is Saturday April 25, 8:30 am

The April menus may be picked up in the church office, or you may go to emporiagrace.org and follow the link to angelfoodministries.com.

Pots++pans++plates++bowls

If you've brought food to the church but have yet to pick up your plate, pan or bowl we have an entire counter full in the kitchen. We need the counter space, and we are asking you to drop by the kitchen and see if one of these belongs to you. Thanks

ART FOR SALE

The Utley's are offering Bud's art by donation. The display is in the mutipurpose room. All proceeds go toward the Back to School Give-Away. (Checks should be made out to GUMC with the notation "art.")

In the Word

April 5	Jeremiah 13-19
April 12	Jeremiah 20-26
April 19	Jeremiah 27-33
April 26	Jeremiah 34-40

Flint Hills District Prayer Calendar

Apr 5 Piedmont UMC

Apr 12 Hamilton/Virgil/Neal UMC

Apr 19 Hartford/Neosho Rapids UMC

Apr 26 Manhattan First UMC

Let us pray.

Heavenly and merciful Father, we lift up the Flint Hills District of the United Methodist Church. Always we seek your guidance as we strive to make disciples of Jesus Christ. We pray for the churches, ministries, and United Methodist organizations, that they will listen to your wishes for them so that their activities will be pleasing to you and help them to foster discipleship. We pray this in the name of Jesus Christ, our Lord and Savior. Amen.

Christian Education

Adult Study: *Who Stole My Church?* will begin Monday, April 20 in room 303 at 7 pm.

Gordon MacDonald's book will serve as the study guide for this class led by Bob Grover and Susan Fowler.

SPRC Contact Information

The Staff-Parish Relations Committee (SPRC) is charged with all matters related to church personnel as well as promoting unity in the church. We urge members to contact a member of the committee FIRST should you have concerns or questions related to any church personnel.

Members of the committee follow with phone numbers in parentheses:
 Jean Woods, chair (344-2132);
 Sue Blubaugh (342-8191),
 Jim Dawson (366-3045),
 Helen Gibson (341-3028),
 Mark Glover (342-1598),
 Bob Grover (343-1072),
 Ken Hanson (343-6064),
 Sherry Heim (343-9987),
 Mary McDaniel (341-9750),
 Mic McGuire (342-2240),
 Peggy Price (343-2441),
 Gayle Whitsitt (343-7825),
 Melissa Windsor (343-8695), and Denise Wolford, (342-8581 or 366-1238).

Health & Wellness Ministry

The ANNUAL HEALTH FAIR is MAY 16, 2009 9 am-1 pm. We will have the blood mobile again this year so watch for the sign-up. We will also offer hearing and vision screenings, cholesterol and blood sugar screenings, health and nutrition ideas and door prizes. We need volunteers --if you can help, please call the church office or contact Chuck and Lori Torres at 620-475-3632.

Seven Habits for Healthy Eating:

Habit #3: Get Your Calcium-rich Foods
Each family member needs 3 cups of milk or milk products each day to get enough calcium.

- Switch from whole milk to 2% milk. Make it a gradual change and eventually make the switch to low fat or even fat free milk!
- Low-fat cheese and yogurt are healthy choices.
- Read labels carefully to make sure you are buying calcium fortified foods.
- Use low-fat milk, yogurt and cheese in foods that you make.

Sure To Please Baked Eggs and Cheese

Ingredients:

- 1 T. oil
- 6 eggs (4 eggs plus 4 egg whites to reduce fat and cholesterol)
- ½ cup low-fat grated cheese
- ½ cup low-fat milk
- 1 tsp garlic powder
- 1 ½ tsp oregano
- Preheat oven to 350 degrees.
- Put oil in medium baking dish or small cake pan and heat in oven for a few minutes.
- In a bowl, beat eggs. Mix in remaining ingredients. Pour into hot pan.
- Bake 20 mins. or until eggs are firm. Serve immediately with whole wheat toast and 100% fruit juice.

Next month: Make half your grains whole.

April Events

Our regular weekly schedule:

Sun

9 am Music/Sunday School
9 :15 am Sun School
10 am Worship Service
6:30 pm Worship Service

Mon

6 pm Cub Scouts
7 pm Boy Scouts

Tues

9 am Bible Study
7 pm Men's Bible Study

Wed

5:30 pm Worship planning
6 pm Family Night Meal
6:30 pm Worship
7-8 pm Faith Building Activities
7 pm Voices of Grace

Thurs

4:15 pm Sonshine Choir
5 pm Girlfriend Theology
7 pm Bible Study

Sat

9 am Dresses for Dorcas

In addition to our regular schedule:

Saturday April 4

7:00 pm Harmonious Voices of Praise Concert

Sunday April 5

12 pm Membership Ministry
12 pm Health & Wellness

Tuesday April 7

2 pm Study Club

Wednesday April 8

2 pm Abigail & Joanna Groups
5 pm Abundant Harvest

Thursday April 9

10 am Angel Food Orders
7 pm Maundy Thursday Service

Friday April 10

12 pm Stations of The Cross Walk
Sacred Heart to St. Andrews
2 pm Angel Food orders
7 pm Good Friday Service

Saturday April 11

10 am Angel Food orders

Tuesday April 14

6:30 pm Cub Scout Leader Training
7 pm Phebe Group

Thursday April 16

6:30 pm Cub Scout Leader Training
7 pm Finance Ministry

Saturday April 18

10 am UMW Guest Day

Sunday April 19

11:30 am Church Council Meeting
12:30 pm Missions Ministry
1 pm Education Ministry

Monday April 20

7 pm *Who Stole My Church?*

Wednesday April 22

1:30 pm Create to Share

Thursday April 23

5:30 pm WOW Group

Saturday April 25

7:30 am Angel Food Distribution
5 pm Chicken Noodle Dinner
6:30 pm Celebration La Esperanza at 1st UMC

Sunday April 26

UMW Sunday
11:30 Potluck Dinner
4 pm Prayer Shawl Ministry

Monday April 27

5 pm Abundant Harvest
7 pm *Who Stole My Church*

Thursday April 30

5:30 pm Parish Visitors

